



Monday/Tuesday/Thursday

יום שני

יום שלישי

יום חמישי

9:15 - 9:25	Morning Meeting	
9:30 - 9:55	T'fillah	
10:00 - 10:25	Rotations: Sport/Gina Mitbach/Low Ropes	
10:30 - 10:40	Locker Room	
10:40 - 11:10	Instructional Swim	
11:10 - 11:20	Locker Room	
11:20 - 11:25	Morning Snack	
11:30 - 11:55	Rotations: Teva/Omanut/Playground	
12:00 - 12:25	Lunch	



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יום שני


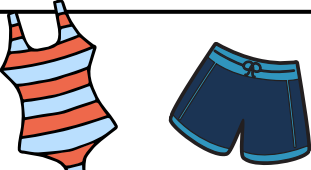



יום שלישי

יום חמישי

12:30 - 12:55	Rotations: Parkour/Rikud/Bishul	
1:00 - 1:15	Locker Room	
1:15 - 1:45	Free Swim	
1:45 - 1:55	Locker Room	
2:00 - 2:25	H2Woah!	
2:30 - 2:40	Afternoon Snack	
2:40 - 2:50	Bathroom	
2:50 - 3:00	Popsicles & Afternoon Meeting	
3:00	L'hitraot!	

Friday

יום שישי

9:15 - 9:25	Morning Meeting	
9:30 - 9:55	T'fillah	
10:00 - 10:25	Challah Baking	
10:25 - 10:35	Locker Room	
10:35 - 11:10	Free Swim	
11:15 - 11:25	Locker Room	
11:35 - 11:55	Shabbat Shira	
12:00 - 12:25	Lunch	

Friday

יום שישי

12:30 - 12:55	Sport / Bishul / Low Ropes	
1:00 - 1:25	H2Woah!	
1:30 - 1:55	Rikud / Omanut / Playground	
2:00 - 2:25	Talents with Talia & Glida	
2:30 - 2:50	Hachanah L'Shabbat	
2:50 - 3:00	Bathroom & Afternoon Meeting	
3:00	L'hitraot!	